

# The xenon hyperpolarization by alexandrite laser spin exchange optical pumping

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**Abstract.** This paper shows the possibility of the use of a solid-state alexandrite laser as a radiation source for the method of spin-exchange optical pumping of noble gases (xenon, krypton). The use of dispersive optical elements in the laser cavity will allow the adjusting of the radiation wavelength exactly in the rubidium spectral absorption lines 794.7 nm and 780 nm. To obtain a hyperpolarized state of noble gases, it is necessary to excite rubidium atoms for further spin-exchange process with the noble gas nuclei. This fact will allow the increasing of the magnetic resonance imaging contrast in the field of diagnosis of respiratory organs diseases.

Magnetic resonance imaging (MRI) is used to diagnose respiratory diseases, as one of the safest and most effective medical methods. Currently, MRI is based on measuring of the electromagnetic response of the hydrogen atoms nuclei, i.e. tomographic images are obtained through the use of the phenomenon of nuclear magnetic resonance (NMR). With this approach, it is difficult to visualize all human organs, such as the lungs and brain. One of the promising ways for the development of MRI is using hyperpolarized noble gases Xe, Kr, which, when inhaled by a person, increase the resolution of this diagnostic method. The nuclear polarization degree of noble gas atoms increases due to spin-exchange optical pumping (SEOP) of alkali metal vapour, which makes it possible to increase the contrast of the obtained NMR images by 5-10 times [1].

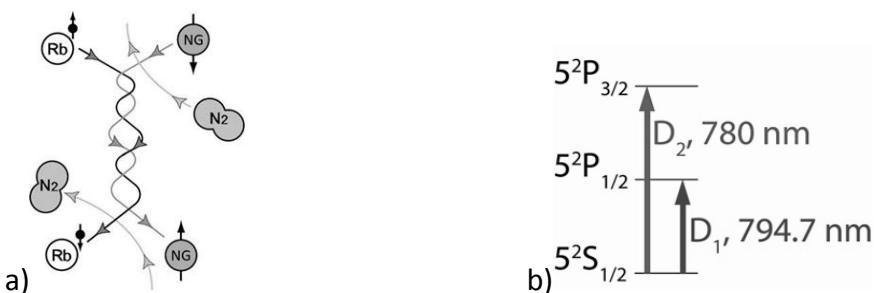
This method is based on the phenomenon of spin exchange between the valence electron of an alkali metal atom in the gas phase and the nucleus of a noble gas due to collisions or the formation of Van-der-Waals interactions (Fig. 1). As the alkali metal, Rb is usually used, which has an absorption spectrum in the near infrared region. [2]

Rb atoms have two transitions, D1 and D2 (Fig. 1b), when the laser is absorbed at wavelengths of 794.7 nm and 780 nm [3].

To pump the Rb atoms — powerful laser diodes and Ti:Sa lasers emitting at a wavelength of 794.7 nm are used. Ti:Sa lasers are capable of generating narrow-band radiation with a high pulse repetition rate, but they are large, high cost at a low average radiation power in practical applications in SEOP. Powerful laser diodes are compact source of radiation.

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**Fig. 1.** a) Spin exchange between the valence electron of the Rb atom and the nucleus of the noble gas NG atom (for example, 129Xe [2]). b) Excitation transitions of a rubidium electron.

The width of the lasing band is about 2 - 3 nm, the divergence of the laser diode radiation is extremely large without a special optical system that provides narrowing of the spectrum and the formation of a parallel radiation beam, and the use of high-power laser diodes for efficient pumping of Rb vapor is not possible. [4]

It is possible to use a solid-state laser based on a synthetic alexandrite crystal, which is a type of chrysoberyl doped with Cr<sup>3+</sup> ions as a promising source of laser radiation for SEOP. The emission spectrum of the alexandrite laser lies in the region of 700 - 850 nm. The high optical and excellent thermomechanical properties of the alexandrite crystal allow to use it as an active element in the development of high power laser technologies operating both in continuous and in pulse-periodic modes [5, 6]. The use of dispersion elements in the alexandrite laser resonator will allow the tuning of central radiation wavelength from 750 nm to the Rb effective pumping wavelength: 780 nm and/or 794.7 nm [7]. The construction of a powerful narrowband tunable alexandrite laser will make it possible to create a compact and cheap instrument, which will lead to the development of the SEOP method for hyperpolarizing MRI diagnostics.

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